

My Food Diary

Write the food items you ate throughout the day. Put a star next to the items that you enjoyed or could tolerate. This will help you or your caregivers know what types of food to have available.

Date of my last chemo treatment _____

64 oz fluid	Yes/No	Yes/No	Yes/No	Yes/No	Yes/No	Yes/No	Yes/No
Date	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast							
Mid-Day							
Lunch							
Afternoon							
Dinner							
Evening							